

## Talking about Touching Safety Lesson 3rd Grade

Recently instructors from the ISEARCH Personal Safety Program met with your child for a class on safety about touching.

### We taught the following:

We helped your child identify the ways people might approach them and might touch them.

Safe touches. Touches that help us feel cared for and loved, for example, pats on the back, high-fives and hugs.

Unsafe touches. Touches that hurt us, scare us, or make us feel uncomfortable, for example, pushing, shoving, hitting, standing too close, hugging too hard, touches to private parts of their body.

### Touching Rule

A person should never touch the private parts of their body, unless it is to keep them healthy or clean, such as touches from doctors and nurses.

We defined private parts of the body as the parts of the body we cover with bathing suits.

We said they should never touch other people's private body parts.

### What to do

We encouraged your child to say no to touches that scare them, or hurt them, or make them feel uncomfortable. We practiced how to say no and how to speak up.

If someone tries to touch a private body part, we advised your child to:

Say no! if they can find their voice.

Get away when they can from the person bothering them.

Tell a grown up about what happened.

We encouraged your child to never keep a secret about someone touching them on a private part of their body.

Questions? Please call or write:

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Safety content within this class is in accordance with Erin's Law, the IL state mandate to teach child sexual abuse prevention to help children recognize sexual abuse, learn skills to reduce their vulnerability and encourage students to report abuse.

Safety content is based upon the Talking about Touching Safety Curriculum from the Committee for Children, Second Step, Child Protection Unit, [cfchildren.org](http://cfchildren.org), and the Children's Advocacy Centers of Illinois, [childrensadvocacycentersofillinois.org](http://childrensadvocacycentersofillinois.org)